



Transformational Workshop Series
Designed for Women. Built for Leadership

Rediscover | Reclaim | Redefine

Leadership Journey: From Self to Legacy

Objective

From Self to Legacy is a curated leadership and life-design journey for women who are ready to consciously redefine their identity, influence, and impact. The programme supports participants in rediscovering self beyond roles, strengthening leadership presence without titles, engaging meaningfully with family wealth and enterprises, and intentionally crafting a personal, social, and intergenerational legacy - while learning alongside a powerful peer network in a reflective, experiential environment.

- Grounded in behavioural coaching and holistic growth, these workshops serve as a transformative trigger, enabling participants to recognise their inherent strengths and consciously use them to create constructive impact in their own lives and in the lives of others.
- Gaining deeper self-awareness while acquiring practical frameworks to align actions with personal aspirations and leadership intent.
- Engaging in hands-on, reflective experiences to address and work through a current, high-impact interpersonal or leadership challenge.
- Developing a structured and actionable growth roadmap that outlines targeted strategies for enhancing and sustaining leadership effectiveness.

Eligibility

Minimum passing in 10+2 or an equivalent examination.

Dates

| Sr. | Title | Date | Day |
|-----|--|-------------------------|-----------|
| 1. | Beyond Roles - Designing Your Second Act | 18 th August | Tuesday |
| 2. | Influence with Grace: Leadership in Social, Family & Community Spaces | 20 th August | Thursday |
| 3. | Power & Strategic Negotiation | 22 nd August | Saturday |
| 4. | The Silent Pillar: Understanding & Engaging with the Family Business | 24 th August | Monday |
| 5. | Wealth, Well-Being & Wisdom: Personal Finance for the Empowered Woman | 26 th August | Wednesday |
| 6. | Philanthropy with Purpose: From Charity to Strategic Impact | 28 th August | Friday |
| 7. | From Ideas to Impact - Discovering Opportunity through Creativity, Clarity, & Confidence | 29 th August | Saturday |



Pedagogy

The learning design integrates guided self-reflection, scientifically validated assessments, immersive simulations, curated video-based cases, and facilitated peer dialogue. Participants collaborate in small groups throughout this process, benefiting from structured peer feedback and facilitated group coaching to deepen learning and application.

Framework

This framework maps the inner and outer dimensions of leadership, beginning with self-awareness and evolving into influence, decision-making, and impact. It guides participants to consciously shape how they lead, engage with wealth and family enterprises, and ultimately create a purpose-driven legacy that endures beyond them.

| | |
|--------------------------------------|------------------------------------|
| Identity & Purpose | Who am I now? |
| Presence & Influence | How do I show up? |
| Negotiation & Power | How do I shape outcomes? |
| Emotional Resilience | How do I protect my energy? |
| Family Business Literacy | How do I engage strategically? |
| Wealth Awareness | How do I steward resources wisely? |
| Philanthropy | How do I create meaningful impact? |
| Strategic Thinking | How do I think long-term? |
| Personal Brand & Networks | How do I use my influence? |
| Legacy ? | What will outlive me? |

Outcomes

- Clarity of Self and Personal Purpose
- Enhanced Confidence and Executive Presence
- Strong Influence and Negotiation Skills
- Emotional agility and personal resilience
- Business and Financial Acumen
- Strategic and Long-Term Mind-set
- Purpose-led engagement in family enterprises
- Meaningful, Structured and Measurable Social Impact
- Effective use of networks and social capital
- Legacy consciousness and generational thinking
- Behavioural and Mind-set Shift
- Access to Powerful Peer Network and Community
- Building Strong Networks
- Innovative Pedagogy using world-class infrastructure & resources
- Practice-driven insights

Beyond Roles - Designing Your Second Act

Objective

Enable participants to rediscover identity, purpose, and self-worth beyond socially assigned roles, and consciously design the next phase of life reconnecting with personal purpose, strengths, and aspirations.

Content

Understanding Identity vs Role

- How roles (wife, mother, daughter-in-law, social leader) are externally defined
- Identity as an internal anchor
- Why successful women often feel invisible or undefined

Life Transitions & the Second Act

- Psychological shifts after children grow up
- Redefining relevance, contribution, and meaning
- Cultural conditioning and "permission to choose self"

Strengths, Values & Inner Drivers

- Identifying signature strengths (emotional, relational, intuitive)
- Values clarification: what truly matters now
- Moving from obligation to choice

Purpose vs Productivity

- Being busy vs being fulfilled
- Designing days with meaning
- Energy audit: what drains vs nourishes

Crafting the Second Act Narrative

- Writing a personal life vision
- Aligning time, energy, and identity
- Purpose as a compass, not a goal

Pedagogy

Guided self-reflection exercises, Life-mapping canvas & journaling, Small-group storytelling circles, Facilitated dialogue with reflective prompts

Outcomes

Deep self-awareness, renewed confidence and clarity of personal identity and life purpose, Written Second Act Purpose Statement

Influence with Grace: Leadership in Social, Family & Community Spaces

Objective

Help women develop gravitas, confidence, and influence without formal authority. To strengthen leadership presence & influence, especially in family businesses, social clubs, & community initiatives.

Content

Social Capital Awareness

- Networks as assets
- Influence vs popularity

Redefining Executive Presence

- Presence beyond position
- Informal leadership and the invisible power women already hold
- Presence in drawing rooms, boardrooms, and family spaces

Voice, Body & Inner Authority

- Speaking with clarity and conviction, Body language and self-belief
- Overcoming hesitation and self-censorship
- Communication styles and emotional intelligence

Managing Interruptions & Invisibility

- Why women are spoken over
- Breaking the Glass Ceiling
- Strategies to reclaim space gracefully, Being heard without aggression
- Handling resistance and difficult conversations

Personal Brand with Grace

- Personal narrative, authentic storytelling, What do people associate with you?
- Aligning inner identity with outer perception
- Consistency across spaces, Being remembered for substance
- Conscious engagement, Meaningful presence, Authenticity over performance

Pedagogy

Role-plays & scenario-based exercises, Group discussions on real-life challenges, Peer feedback sessions, Mini leadership labs, Network Mapping

Outcomes

Enhanced communication and persuasion skills, Ability to influence decisions with confidence and empathy, improved leadership presence in family and social ecosystems, Personal presence blueprint

Power & Strategic Negotiation

Objective

Equip women to negotiate effectively across family, social, and philanthropic contexts.

Content

Understanding Power Dynamics

- Power in families and informal systems
- Emotional vs positional power
- Hidden power women possess

Gender & Negotiations

- Psychological shifts after children grow up
- Redefining relevance, contribution, and meaning
- Cultural conditioning and "permission to choose self"

Difficult Conversations

- Money, authority, succession, boundaries
- Handling emotional reactions
- Saying no without guilt

Strategic Negotiation Frameworks

- Preparation and framing
- Win-win vs win-lose
- Negotiating long-term relationships

Pedagogy

- Negotiation simulations
- Real-life case role plays
- Strategy labs
- Group debriefs

Outcomes

- Negotiation confidence
- Influence toolkit
- Ability to handle high-stakes conversations

The Silent Pillar: Understanding & Engaging with the Family Business

Objective

To empower women to confidently understand & meaningfully engage with family businesses—strategically, financially, and emotionally.

Content

Family Business as a System

- Basics of family business dynamics
- Overlap of family, ownership, business
- Emotional dynamics vs business logic

Governance & Decision-Making

- Boards, family councils, advisors
- Informal vs formal governance

Succession & Next-Gen Dynamics

- Emotional undercurrents
- Preparing future leaders

Finding Your Role

- Strategic advisor, mentor, custodian, philanthropist
- Choosing involvement consciously
- Women's stabilizing role

Pedagogy

- Simplified business frameworks
- Case discussions
- Expert interaction
- Reflection circles

Outcomes

- Improved business literacy
- Confidence to participate in business discussions
- Clarity on governance, succession, and family roles

Wealth, Well-Being & Wisdom: Personal Finance for the Empowered Woman

Objective

To build financial awareness, confidence, and autonomy in managing personal and family wealth.

Content

Understanding Wealth Ecosystems

- Assets, liabilities, structures
- Family wealth vs personal agency

Investment & Risk Awareness

- Basics of investments
- Risk, diversification, safeguards

Estate Planning & Succession

- Wills, trusts, inheritance
- Emotional aspects of wealth transfer

Financial Independence Mind-set

- Overcoming barriers to assuming financial leadership roles and inspire next generation
- Role of women in wealth preservation - Engaging family members in collaborative wealth planning discussions
- Understanding the intersection of financial and physical well-being
- Asking questions without hesitation - Strategies for achieving financial independence and security

Strategic and Digital Finance for Women Leaders

- Mastering the Essentials of Economics and Digital Finance
- Demystifying Financial Statements and AI based Analytics
- Understanding Fintech and Evolving Financial Markets, Strategic Financial Planning and Analysis

Pedagogy

Simplified finance frameworks, Real-life scenarios & discussions, Expert-led interactive session, Personal finance self-assessment, Group discussion

Outcomes

Better understanding of personal and family wealth, Confidence in financial conversations and decisions, Awareness of financial risks and safeguards, Wealth stewardship mindset, Digital Awareness

Philanthropy with Purpose: From Charity to Strategic Impact

Objective

To shift mind-sets from ad-hoc charity to structured, high-impact philanthropy aligned with personal values.

Content

Understanding Giving

- Charity vs philanthropy vs social investment
- Emotional giving vs impact-driven giving

Aligning Values & Causes

- Personal values mapping
- Choosing focus areas

Governance & Accountability

- Running trusts and foundations
- Transparency and sustainability

Measuring Impact

- Outputs vs outcomes
- Measuring and sustaining social impact
- Scaling impact responsibly

Pedagogy

- Case studies of impactful foundations
- Group work on designing a mock philanthropy model
- Expert interaction with a social impact leader
- Reflection & action planning

Outcomes

- Clear philanthropic focus areas
- Understanding of impact measurement
- Framework to design or scale social initiatives

From Ideas to Impact - Discovering Opportunity through Creativity, Clarity, & Confidence

Objective

To enable socially engaged women to harness their lived experiences and intuition to identify and shape meaningful business or impact opportunities

Content

Awakening the Idea Mind-set

- Reframing entrepreneurship beyond “starting a business”
- Identifying ideas from daily life, social roles, and lived experiences, Understanding opportunity vs hobby vs interest, Confidence-building discussion: “Why my ideas matter”

Knowing Your Customer through Design Thinking

- Introduction to human-centred thinking, Understanding customer pain points, aspirations, and behaviour
- Mapping customer journeys using simple, relatable frameworks, Translating social observations into unmet needs

Creative Ideation Techniques

- Structured creativity tools (brain writing, reframing, analogies), Individual and group ideation rounds
- Breaking mental blocks and fear of “wrong ideas”, Encouraging bold, unconventional thinking

Idea Mapping & Visualisation

- Organising scattered ideas into opportunity maps, Defining the core problem, solution, and value proposition
- Visualising ideas through simple canvases and storyboards, Connecting purpose, passion, and practicality

Idea Validation & Feedback

- Why validation matters - especially in family and social ecosystems, Simple ways to gather feedback without fear
- Identifying early adopters within existing networks, Refining ideas based on real responses, not assumptions

Pathways Forward

- Different ways to take ideas forward (pilot, partnership, social venture, business), When and how to involve family businesses - if at all
- Balancing personal identity with family legacy, Building confidence to take the first small step

Pedagogy

Guided self-reflection and storytelling, Design-thinking based experiential exercises, Creative ideation labs, Visual mapping and hands-on worksheets, Small-group discussions and peer feedback, Facilitated conversations rooted in real-life contexts

Outcomes

Recognise and trust their ability to generate meaningful ideas, Gain clarity on at least one potential opportunity aligned with their interests, Learn to understand customers through empathy, Structure and visualise ideas in a simple, actionable format. Build confidence to test ideas within their social ecosystem, Feel empowered to explore independent or complementary ventures, Develop a supportive peer circle for continued idea exchange



Fee Structure

7500 + GST for 1 Workshop

20500 + GST for 3 Workshops

50000 + GST for 7 Workshops

Includes : Joining Kit, Certificate of completion for each workshop will be awarded

Duration : Each workshop - 6 Hours

WORKSHOP 1

Beyond Roles - Designing Your Second Act

WORKSHOP 2

Influence with Grace: Leadership in Social, Family & Community Spaces

WORKSHOP 3

Power & Strategic Negotiation

WORKSHOP 4

The Silent Pillar: Understanding & Engaging with the Family Business

WORKSHOP 5

Wealth, Well-Being & Wisdom: Personal Finance for the Empowered Woman

WORKSHOP 6

Philanthropy with Purpose: From Charity to Strategic Impact

WORKSHOP 7

From Ideas to Impact - Discovering Opportunity through Creativity, Clarity, & Confidence

***"Looking for a Program to achieve a transformational growth,
you are making a right choice"***



PRAVIN DALAL SCHOOL OF
ENTREPRENEURSHIP &
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